

# FIRST STEPS



Workshop for parents with children  
from birth to 4 years old and  
couples planning to become parents

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One of the purposes of early education is to turn all the situations of the family life into amazing moments of learning. Many studies show that adequate early stimulation is the most efficient tool to obtain a complete personal development, in the field of intelligence, psychomotor activity and behaviour.

This workshop will help parents discover the main pedagogical frameworks and the basic habits that infants should acquire.

Topics:

1. Basic Building Blocks
2. Individualised Attention and Parental Love
3. Love and Discipline
4. Unity and Understanding in Marriage
5. Growing up with Brothers and Sisters

## Dates of moderated sessions:

23 November 2024  
25 January 2025  
8 March 2025  
12 April 2025  
24 May 2025

## CASE METHOD

Through the case study, the parents calmly immerse themselves in real situations of married and family life in order to find a solution in mutual consultation. In this way, they already acquire a certain experience in order to react resolutely later, when the incidents actually occur. This method is **interactive**. To enrich the content of the sessions, participants are asked to give their opinion, exchange thoughts, ask questions, give examples, etc.

**TEAM SESSIONS:** Near your place of residence or online with your smaller team. Teams decide date, time and location.

**MODERATED SESSIONS:** In Kids Garden, Maastricht on Saturdays between 3-5 p.m. lead by a trained moderator.

**COSTS:** €120 per couple for the complete programme (aid available) including babysitting during the moderated session.

**REGISTER BEFORE 18 OCTOBER 2024**  
[HTTPS://BIT.LY/FEN-FS24-M](https://bit.ly/fen-fs24-m)

